

I am Not Ok -Jelly Roll

CAPO: 0

[Intro]

Em D C G (x2)

[Verse 1]

Em G

I am not okay

C G

I'm barely getting by

Em D

I'm losing track of days

C G

I'm losing sleep at night

Em G

I am not okay

C G

I'm hanging on the rails

Em D

So if I say I'm fine

C G
just know I learned to hide it well

[Chorus]

Em D C G

I know I cant be the only one

Em D C

Who's holding on for dear life

Em D

But I know God knows

C G
When it's all said and done

Em D

I'm not okay

C G
But it's all gonna be alright

Em D

It's not okay

C G
But we're all gonna be alright

[Interlude]

Em D C G

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[Verse 2]

Em G
I woke up today
C G
I almost stayed in bed
Em D
I had the devil on my back
C G
Voices in my head
Em G
Some days it all ain't bad
C G
Some days it all gets worse
Em D
Some days I swear I'm better off
C G
Laying in the dirt

[Chorus]

Em D G
I know I cant be the only one
Em D C
Who's holding on for dear life
Em D
But God knows I know
C G
When it's all said and done
Em D
I'm not okay
C G
But it's all gonna be alright
Em D
It's not okay
C G
But we're all gonna be alright

[Bridge]

Em D C G
Gonna be alright

Em D C G
Gonna be alright

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[Verse 3]

Em D
I know one day
C G
We'll see the other side
Em D
The pain will wash away
C G
In a holy water tide
C G
We all gonna be alright

[Chorus]

Em D
I know I cant
C G
Be the only one
Em D C
Who's holding on for dear life
Em D
But God knows I know
C G
When it's all said and done
Em D
I'm not okay
C G
But it's all gonna be alright
Em D
It's not okay
C G
But it's all gonna be alright
Em D C
I'm not okay
G
But that's alright