D/F# B7 Cm

A screenshot of a guitar chord

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ATTENTION: You are experencied? Than you don't have to use Capo. USE TRANSPOSE BUTTON +4.

ATTENTION: All chords for 4 beats OR count the \*

Capo: 4

[Intro] (It Is A DEADTH Chord)

| **D** |

[Verse 1]

**G** **G**

Mom, I know you're listening but please don’t cry

**Em**\*\* **C**\*\* **G**

'cause the Kurt Cobain way crossed my mind last night.

**G** **G**

And dad I know you’ll hear this and wonder why

**Em**\*\* **C**\*\* **G**

I ain’t sending that dog you put into me to fight.

[Pre-Chorus]

**Am** **C**

I got questions for the pharmacies and questions for the church,

**Am** **C**\*\*\*

I’m not sure who’s raw integrity will help or make it worse, but ...

[Chorus 1]

**C** **D**

How long does panic last? How bad is not that bad?

**G**\*\* **D/F#**\*\* **Em**

Does good whisky work when cold beer won’t?

**C** **D**

I can’t take off my mask cause right now thats all I have.

**G**\*\* **D/F#**\*\* **Em**

Do them hotlines work when Jesus don’t?

**C** **D**

I thought that dosage worked, I thought my prayers got heard

**G**\*\* **B7**\*\* **Em**

but just like you I have my doubts.

**C** **Cm**\*

And if the scientist and god can’t help me out

**G** **G** **G**\*\* **Em**\*\* **G**

then where do I go now?

[Verse 2]

**G** **G**

Self help books and coldplay music, traded smokes for restaurant toothpicks.

**Em**\*\* **C**\*\* **G**

I thought it would but damn this shit don’t help.

**G** **G**

Do I fight the thoughts or face the trauma? Are we selling lies or buying dogma?

**Em**\*\* **C**\*\* **G**

I think it's just more than just calling mental health.

[Pre-Chorus]

**Am** **C**

I got questions for the pharmacies and questions for the church,

**Am** **C**\*\*\*

I’m not sure who’s raw integrity will help or make it worse.

[Chorus 2]

**C** **D**

How long does panic last? How bad is not that bad?

**G**\*\* **D/F#**\*\* **Em**

Does good whisky work when cold beer won’t?

**C** **D**

I can’t take off my mask cause right now thats all I have.

**G**\*\* **D/F#**\*\* **Em**

Do them hotlines work when Jesus don’t?

**C** **D**

I thought that dosage worked, I thought my prayers got heard

**G**\*\* **B7**\*\* **Em**

but just like you I have my doubts.

**C** **C**

And if the scientist and god can’t help me out

**C** **D**

then where do I go now? Where do I go now?

**G**\*\* **D/F#**\*\* **Em**

Where do I go now? Where do I go now?

**C** **D**

Where do I go now, somebody help me out,

**G**\*\* FD/F#\*\* **Em** **D**

somebody help me out.

[Outro]

**C**\* **D**\*

I’m not sure who’s raw integrity will help or make it worse, but ...

**C**\* **D**\*

Your not dying, it's a panic attack, just breathe and try to relax

**G**\*\* **D/F#**\*\* **Em**

'cause that rock ford whisky might make it worse.

**C**\* **D**\*

Go ahead and take off your mask 'cause you’ll find out it's not that bad,

**G**\*\* **D/F#**\*\* **Em**

you don’t need a hotline, cause Jesus works.

**C**\* **D**\*

Flush those prescriptions pills, 'cause in time you’ll be healed.

**G**\*\* **B7**\*\* **Em**\*\* **D**\*\*

Don’t let the devil give you those doubts,

**C** **Cm**\*

let the scientist and god find middle ground,

(**G**)

'cause one day we’ll make it out.