CAPO: 0

[Intro]

Em D C G (x2)

[Verse 1]

Em G

I am not okay

 C G

I’m barely getting by

 Em D

I'm losing track of days

 C G

I’m losing sleep at night

Em G

I am not okay

 C G

I’m hanging on the rails

 Em D

So if I say I’m fine

 C G

just know I learned to hide it well

[Chorus]

Em D C G

I know I cant be the only one

Em D C

Who’s holding on for dear life

Em D

But I know God knows

 C G

When it’s all said and done

Em D

I’m not okay

 C G

But it’s all gonna be alright

Em D

It's not okay

 C G

But we’re all gonna be alright

[Interlude]

Em D C G

[Verse 2]

Em G

I woke up today

 C G

I almost stayed in bed

 Em D

I had the devil on my back

C G

Voices in my head

 Em G

Some days it all ain’t bad

 C G

Some days it all gets worse

 Em D

Some days I swear I'm better off

C G

Laying in the dirt

[Chorus]

Em D C G

I know I cant be the only one

Em D C

Who’s holding on for dear life

Em D

But God knows I know

 C G

When it’s all said and done

Em D

I’m not okay

 C G

But it’s all gonna be alright

Em D

It's not okay

 C G

But we’re all gonna be alright

[Bridge]

 Em D C G

Gonna be alright

 Em D C G

Gonna be alright

[Verse 3]

Em D

I know one day

 C G

We’ll see the other side

 Em D

The pain will wash away

 C G

In a holy water tide

 C G

We all gonna be alright

[Chorus]

Em D

I know I cant

C G

Be the only one

Em D C

Who’s holding on for dear life

**Em** **D**

But God knows I know

 **C** **G**

When it’s all said and done

**Em** **D**

I’m not okay

 **C** **G**

But it’s all gonna be alright

**Em** **D**

It's not okay

 **C** **G**

But it’s all gonna be alright

**Em** **D** **C**

I’m not okay

 **G**

But that’s alright